

# Take Your Life Back



## Everyone Welcome

Give Yourself a Break and Come Listen

Our Daily Bread is creating a safe place for anyone that wants to do something about their substance use disorder.

- ◆ Talk about it
- ◆ Look into treatment facilities
- ◆ Explore and understand
- ◆ Listen to others

Do not stay stuck!

Group Date/ Time: Wednesdays @ 11:45 AM

Group Facilitator: Mark



115 High St. Taunton, MA 02780