Practicing Kindergarten Readiness Skills

It’s Routine!

Personal and Self-Help Skills

- Dresses self
- Recognizes primary colors
- Attends to a task independently
- Clean-up skills
- Performs daily routines

What They Might Look Like in Your Daily Routine

- Velcros, snaps, zips, buttons
- “How about wearing your blue shirt today?”
- Uses bathroom and washes hands
- Puts toys away when finished
- Hangs up coat independently

Social and Emotional Development Skills

- Take turns
- Is able to separate
- Is flexible in transitions
- Is persistent and asks for help when needed
- Engages in two-way conversation
- Uses words to resolve conflicts
- Plays or works cooperatively

What They Might Look Like in Your Daily Routine

- Takes turns while playing a game
- Leaves parents/guardian easily
- Moves easily with preparation
- Tries independently then asks
- Answers a question when asked
- Asks for toy rather than grabbing
- Colors or builds something together

Mathematical Development Skills

- Recognizes common shapes
- Understands cooking concepts
- Understands spatial awareness
- Sorts objects into groups

What They Might Look Like in Your Daily Routine

- Plays “I Spy” with shapes nearby
- Tries measuring while baking
- Moves toys, up, down, over, under
- Sorts clean laundry, cars, toys

Reading Skills

- Shows appreciation for books and reading
- Understands where a book starts
- Is aware of rhyming words
- Differentiates between letters and numbers

What They Might Look Like in Your Daily Routine

- Is read to daily
- Reads or looks at books from front to back
- Plays rhyming games
- Identifies some letters and numbers

Physical Development Skills

- Able to perform simple fine motor skills
- Combines movement to accomplish physical tasks

What They Might Look Like in Your Daily Routine

- Assembles puzzles, holds writing tools correctly, uses scissors
- Runs, jumps, throws, kicks, hops

Adapted from “Transitioning to Kindergarten in Edina Public Schools,” Edina (MN) Public Schools (www.edinaschools.org)

Making the Transition to Kindergarten | Collaborative for Educational Services - collaborative.org